

# HOW TO USE AN

# AED

(Automated External Defibrillator)

**1**

## CONFIRM THAT THE PERSON CANNOT RESPOND

- Shout at and shake the person to make sure he or she isn't sleeping.
- Never shake an infant or young child. Instead, you can pinch the child to try to wake him or her up.

**2**

## CALL 9-1-1 OR HAVE SOMEONE ELSE CALL 9-1-1

**3**

## TURN ON THE AED

- Make sure the person is in a dry location. If not, move them to a dry location.
- Most devices will give you step-by-step directions once turned on.

**4**

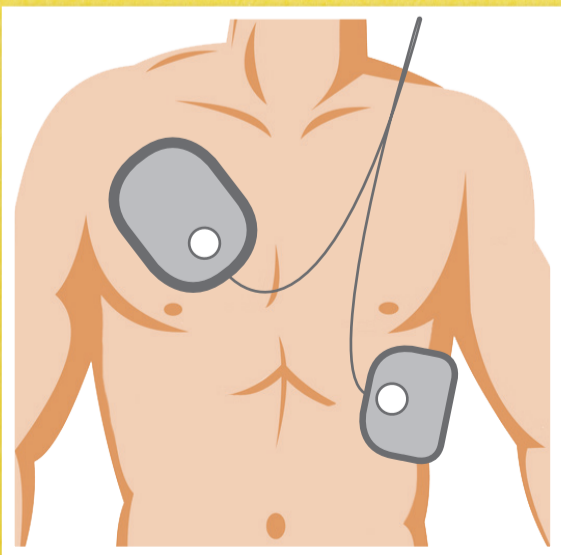
## EXPOSE THE PERSON'S CHEST

- If the person's chest is wet, dry it.

**5**

## PLACE THE AED PADS ON THE PERSON'S CHEST

- Place one pad on the right center of the person's chest above the nipple.
- Place the other pad slightly below the other nipple and to the left of the ribcage.



**6**

## REMOVE METAL NECKLACES & UNDERWIRE BRAS

- The metal may conduct electricity & cause burns. You can cut the center of the bra and pull it away from the skin.

**7**

## CHECK THE PERSON FOR IMPLANTED MEDICAL DEVICES

- The outlines of these devices are visible under the skin on the chest or abdomen.
- Also check for body piercings.
- Move the defibrillator pads at least 1 inch away from implated devices or piercings so the electric current can flow freely between the pads.

**8**

## CHECK THAT THE WIRES FROM THE ELECTRODES ARE CONNECTED TO AED

- Make sure no one is touching the person, then press the AED's "analyze" button.
- Stay clear while the machine check's the person's heart rhythm.

**9**

## IF A SHOCK IS NEEDED, THE AED WILL TELL YOU WHEN TO DELIVER IT

- Stand clear of the person and make sure others are clear before you push the AED's "shock" button.

**10**

## START OR RESUME CPR UNTIL EMERGENCY MEDICAL HELP ARRIVES OR UNTIL PERSON BEGINS TO MOVE

- Stay with the peron until medical help arrives, and report all of the information you know about what has happened.



**When Chest Pain Strikes  
EVERY MINUTE COUNTS**

**CALL 9-1-1**



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